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ABSTRACT

This book, for parents of children or adolescents with attention deficit hyperactivity disorder (ADHD), presents currently available knowledge about the disorder and treatment recommendations. Individual chapters address the following topics: questions about ADHD, the core symptoms of ADHD, the full ADHD symptom profile and frequent coexisting conditions, causes of ADHD and the "attention zone", adults with ADHD, the impact of ADHD on families, perceptions of children and adolescents with ADHD, the diagnosis of ADHD, general treatment principles, evaluation and treatment--the importance of involving the ADHD child or adolescent, home management of ADHD, special adolescent treatment issues, managing family stress, school management--the process, school management--the strategies, psychological therapies, principles of medical intervention, commonly asked questions about medical therapy, stimulant medications, other medical therapies, nontraditional ADHD therapies, and getting started by organizing your efforts. A glossary is provided and an appendix includes forms for parents to use in recordkeeping and intervention. A list of resources includes books for parents, books for children and adolescents with ADHD, guides for college students with ADHD, books on adults with ADHD, periodicals, videotapes, organizations, and government agencies. (DB)

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